

Exploring a Sense of Place in Nature

*Nature-based collaborative
Early Childhood conference*

*Presented by,
Dartmouth Hitchcock Medical
Center Child Care Center,*

*Live & Learn Early Learning
Center*

and NHAEYC

*Saturday September 26,
2009
Rain or Shine*

Lorraine Harris

Lorraine.Harris@Hitchcock.ORG

Johanna Booth-Miner livlrn2@comcast.net

*Saturday September 26, 2009
Dartmouth Hitchcock Medical
Center Child Care Center*

Lebanon, NH

7:30 am - 4:30 pm

*Spend a full day exploring nature based
education in action
Avoid nature deficit disorder*

Schedule of the Day

- | | |
|---------------------|---|
| <i>7:30-7:45</i> | <i>Registration/Pick up name badge
Join us for breakfast and wander through our
center and see how we bring the outdoors inside</i> |
| <i>7:45-8:15</i> | <i>Opening remarks
Lori Harris and Johanna Booth Miner
What can you expect? Resource list</i> |
| <i>8:30-11:30</i> | <i>Morning sessions</i> |
| <i>9:45 - 10:00</i> | <i>Morning snack made by the cooking
workshop</i> |
| <i>11:30-1:00</i> | <i>Lunch/Vendors/Multi-purpose rooms
Made by the children of DHMC CCC and the am
workshop participants</i> |
| <i>1:00-4:00</i> | <i>Afternoon Sessions</i> |
| <i>2:30 - 2:45</i> | <i>Afternoon snack made by the cooking
workshop</i> |
| <i>4:00-4:30</i> | <i>Closing session with evaluations and
certificates</i> |

A.M. Workshop Choices 8:30 - 11:30 a.m.

A1 Fairy Houses, Mud Puddles, and Nature Walks, Oh My:

Through this workshop we will look at ways to keep children in touch with nature helping to reduce what Richard Louv calls "nature deficit disorder". The goal of this workshop is to bring awareness of the importance of outdoor play and how to incorporate it into the classroom. Learn new strategies and activities that build confidence, self esteem, problem solving and communication skills.

Presented by Johanna, Gerry, Danielle, Michelle and Margaret from Live & Learn

A2 What if your classroom Didn't Have Walls?

If you never held a flower, smelled it, touched it, watched it grow, could you love it? Explore the importance of using our senses to connect children to nature through hands on discovery. No pre-plan needed, just hold on, this could be the trip of a lifetime. Is a virtual exposure all we need? Do we, as teachers, need to possess all the answers? How much does it cost and where can we get it.

Presented by Dave from Live & Learn

A3 Creating a Cohesive Community in both your outdoor and indoor classroom through Group Challenges, Problem Solving and Teambuilding:

A hands on, body moving, feet stomping, no time to sit experience to keep K-8th graders engaged in your program and nature. This workshop will provide educators with activities and philosophies to promote a safe and respectful environment during the Afterschool hours.

Presented by Pete and Liz from Live & Learn

A4 Building bird houses and other wood projects with young children

Bird feeders don't always work for those of us who live near bears. Bird houses are a nice alternative to feeders and can be hung all year. Come build your own bird house to take home with you. All the supplies will be provided and you will get plans for this project and a couple of others!

This workshop will be restricted to 15 participants.

Presented by Renee from DHMC

A5 Gardening with children under 5 years old

This workshop will explore teachers' roles in exposing young children to where their food comes from. This includes infants and toddlers! It will give teachers hands on experience in planning theme gardens, bringing seed starting materials into the classroom, gardening outside, planting seeds, and documenting for accreditation.

Presented by Sam and staff from DHMC

During your lunch break.....

VISIT OUR VENDORS!!!

and

Spend time in our two multi-purpose rooms; looking at poster presentations, a slide show, and documentation panels from DHMC and Live and Learn and other selected outdoor environments.

11:30 a.m. - 1:00 p.m.

P.M. Workshops 1 - 4 p.m.

P6 Cooking with young children am and pm sessions

AM Pizza and soup making workshop. Learn how to make a variety of soups and pizza; all from our garden. You will be preparing the lunch for us all at this workshop!

PM Breads and Healthy Snacks workshop. Learn how to make the delicious Oatmeal and Friendship bread that was served for the morning snack. Learn how to make healthy potato snacks, fruit salsa, and cinnamon dippers.

Presented by Tina, Alicia, and staff from both centers

P7 Water Water Everywhere

Come explore the wonders of water everywhere. Learn how to successfully experience rich in-depth water exploration that draws from children's experiences, is engaging and can be revisited directly and deeply over time. We will also spend time out by the DHMC stream, learning about how it was conceived and constructed.

Presented by staff from both centers

P8 Keeping Empathy Alive: A Second Helping on Building a Cohesive Community

By request from last fall's conference! A hands on workshop to keep your K-8 after-schoolers engaged and committed to nature. This workshop will provide educators with more advanced teambuilding games and activities designed for the outdoors, to create a safe, respectful, fun and cohesive A.S. program.

Presented by Pete and Liz from Live and Learn

P9 Adventures in the Woods

Come learn what we did at DHMC, working with the chain saw, developing the woods with and without the kids, and a variety of other activities. This workshop will be held completely outside. Come dressed for that, rain or shine. Sneakers, sturdy shoes and long pants are a must.

Presented by Richie from DHMC

P10 American Sign Language and Facilitating nature communication

This workshop will give participants the opportunity to practice using sign language vocabulary in the classroom and while taking a nature walk. We will also discuss multicultural issues and story telling.

Presented by Sam, Krista, and Alyssa from DHMC

P11 Overcoming the excuses...okay so I don't really like the outdoors all that much.

This workshop will focus on how adults react to the outdoors and a natural playspace for children. Do all the adults involved with a program love the outdoors and agree with a natural space with no equipment? NO! So, how do you get yourself to accept the outdoors as another learning space and if you are supervising others; how do you inspire them?

Presented by Lori from DHMC

Registration form - SEND TO:
Exploring a Sense of Place in Nature
Live and Learn Early Learning Center
114 mast Rd
Lee, NH

Saturday September 26, 2009
7:30 a.m. - 4:30 p.m.

Or you can Register online at www.nhaeyc.org

Name _____ Organization _____

Address (home) (work) circle one

City/town _____ State _____ Zip _____

Phone _____ email _____

Confirmations will only be available via email.

Also, if you want to... Send your favorite healthy snack recipe to Tina.B.Nadeau@hitchcock.org and you will be included in the Exploring a Sense of Place in Nature cookbook. All conference attendees will get one!

Please indicate your choices in order 1, 2, and 3. We will do our best with your first choice. Remember that workshop P9 has a.m. and p.m. sessions.

AM Sessions (A1-A5 and P6 a.m.)

PM Sessions (P6-P11)

First choice _____

Second choice _____

Third choice _____

payment information

NHAEYC (or other NAEYC affiliate) member

\$95

\$5 discount each for 3 or more

\$7 discount each for 5 or more

Non member

\$145

Total enclosed _____

Method of payment

Check _____ Credit Card: Mastercard _____ Visa _____ Discover _____

Card Number _____ Expiration date _____ CVN _____

Name on card _____ Signature: _____